# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: N/A, Compendium Program: Alcoholics Anonymous

## Description:

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

#### Facilities:

BRIDGEPORT CC, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIANTIC ANNEX, WALKER BUILDING

#### Auspices:

Addiction Services, Volunteer Services

#### Types:

Addiction, Re-Entry

## Program Status:

Active Program Category Level:3

# RT Program Code: 26, Compendium Program: Anger Management

#### Description:

This program is designed to help offenders better manage their anger. Topics in this program include but are not limited to how to redirect anger to a less aggressive and more controlled response, cognitive skill building, and relaxation techniques.

#### Facilities:

MANSON YI, NIANTIC ANNEX

## Auspices:

Health Services

#### Types:

Anger Management, Self Improvement

## Program Status:

Active Program Category Level:3

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## **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: N/A, Compendium Program: Catholic Bible Study

## Description:

An academic study of the books of the bible or biblical topics and themes. This program seeks to foster understanding of scripture and help inmates develop self-awareness and personal growth based on biblical principles.

#### Facilities:

BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIANTIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

#### Auspices:

Religious Services, Volunteer Services

# Types:

Religious

## Program Status:

Active Program Category Level:3

# RT Program Code: N/A, Compendium Program: Job Center

## Description:

The Job Center is designed to help inmates get and maintain a job after release. It does this by providing job readiness training, resume writing, and employment referrals. Specific jobs are located by the Job Center's computer connection to the Department of Labor's Connecticut Job Bank and by using the Department of Correction Job Bank.

## Facilities:

CYBULSKI CI, MANSON YI, NIANTIC ANNEX, OSBORN CI, ROBINSON CI, WILLARD CI, YORK CI

#### Auspices.

Programs & Treatment Unit, All Facility Staff, Charlene Perkins Center - Facility Staff, Employment Services

#### Types:

Re-Entry, Self Improvement

## Program Status:

Active Program Category Level:2

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# **PROGRAMS & TREATMENT UNIT**

# Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: N/A, Compendium Program: Narcotics Anonymous

## Description:

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services or Volunteer Services staff coordinate the meetings and provide oversight for the program.

## Facilities:

BRIDGEPORT CC, BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NIANTIC ANNEX, YORK CI

#### Auspices:

Addiction Services, Volunteer Services

# Types: Addiction

# Program Status:

Active Program Category Level:3

# RT Program Code: N/A, Compendium Program: Protestant Bible Study

#### Description:

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

## Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIANTIC ANNEX, NORTHERN CI, OSBORN CI. RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

#### Auspices:

Religious Services, Volunteer Services

## Types: Religious

## Program Status:

Active Program Category Level:3

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# **PROGRAMS & TREATMENT UNIT**

Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: N/A, Compendium Program: Protestant Bible Study (Spanish)

## Description:

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

#### Facilities:

BROOKLYN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIANTIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

#### Auspices:

Religious Services, Volunteer Services

Types: Religious

Program Status:

Active Program Category Level:3

# RT Program Code: N/A, Compendium Program: Protestant Retreat

### Description:

Retreat: Withdrawal from daily activities for a period of time. The retreat is devoted to prayer, meditation, self-examination and decision making for participant's spiritual life.

Facilities:

**NIANTIC ANNEX** 

Auspices:

Religious Services

Types: Religious

Program Status:

Active Program Category Level:3

## RT Program Code: N/A, Compendium Program: Protestant Service

### Description:

This is the weekly Protestant worship service.

#### Facilities:

BRIDGEPORT CC, BROOKLYN CI, CHESHIRE CI, CORRIGAN CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NEW HAVEN CC, NIANTIC ANNEX, NORTHERN CI, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI, YORK CI

## Auspices:

Religious Services , Volunteer Services

Types:

Worship Services

Program Status:

Active Program Category Level:3

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# PROGRAMS & TREATMENT UNIT

Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: N/A, Compendium Program: Protestant Service (Spanish)

### Description:

This is the weekly Protestant worship service conducted in Spanish.

#### Facilities.

BROOKLYN CI, CHESHIRE CI, CYBULSKI CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, NEW HAVEN CC, NIANTIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, WILLARD CI

#### Auspices:

Religious Services, Volunteer Services

## Types:

Worship Services

### Program Status:

Active Program Category Level:3

# RT Program Code: N/A, Compendium Program: Sacramental Preparation- Catholic

## Description:

This is a course of studies to prepare inmates to receive the sacraments of Baptism, Reconciliation, Eucharist and Confirmation in the hope of empowering the inmates towards a deeper participation in the faith and to foster participation in the church community.

#### Facilities:

CHESHIRE CI, CORRIGAN CI, ENFIELD CI, GARNER CI, HARTFORD CC, MACDOUGALL CI, MANSON YI, NIANTIC ANNEX, OSBORN CI, RADGOWSKI CI, ROBINSON CI, WALKER BUILDING, YORK CI

#### Auspices:

Religious Services, Volunteer Services

# Types:

Religious

#### Program Status:

Active Program Category Level:3

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# **PROGRAMS & TREATMENT UNIT**

Alphabetic Listing of Programs for NIANTIC ANNEX, All Auspices, All Types

# RT Program Code: 13, Compendium Program: Tier One Addiction Services Brief Substance Abuse Education Program

## Description:

To meet the treatment needs of offenders re-entering the community from a pre-sentence or direct admission facility Addiction Services Units offer a Tier I Reentry Program. Using the evidenced based -Beat the Streets- curriculum this program component focuses on relapse and re-integration.

#### Facilities:

CORRIGAN CI, MANSON YI, NIANTIC ANNEX, WALKER BUILDING, YORK CI

#### Auspices:

Addiction Services, Charlene Perkins Center - Facility Staff

#### Types:

Addiction, Re-Entry

## Program Status:

Active Program Category Level:1

# RT Program Code: 14, Compendium Program: Tier Two Addiction Services Intensive Outpatient Program

## Description:

The Tier 2 Program is an intensive outpatient Addiction Services program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement.

#### **Facilities**

BROOKLYN CI. MANSON YI. NIANTIC ANNEX. ROBINSON CI. WALKER BUILDING

#### Auspices:

**Addiction Services** 

# Types:

**Addiction** 

#### Program Status:

Active Program Category Level:1

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